



adapted arts & music therapy campaign

Your donation will ensure children in Chatham-Kent with developmental challenges have the opportunity to express themselves creatively through participation in art and music. Please donate to our "Express Yourself" adapted arts and music therapy campaign. Thank you.

Complete this form and mail to:

**Children's Treatment Centre Foundation of Chatham-Kent
355 Lark Street, Chatham, Ontario N7L 5B2**

Name: _____
Address: _____
Phone: _____
E-Mail: _____

- I am contributing a gift of \$ _____ to the "Express Yourself" campaign.
- Enclosed is my cheque (payable to Children's Treatment Centre Foundation of Chatham-Kent)
- I wish to pay by credit card:
 - Visa Mastercard

Card Number: _____
Expiry Date: _____
Signature: _____

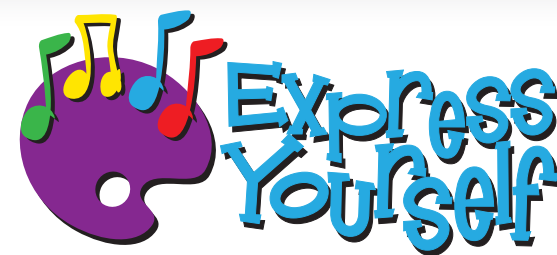
For more information or to donate on-line, go to www.childrenstreatmentfoundation-ck.com.



355 Lark Street, Chatham, Ontario N7L 5B2
519-354-0520, ext. 266

Charitable Registration # 82482 8354 RR0001

www.childrenstreatmentfoundation-ck.com



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Fundraising Goal
\$75,000

www.childrenstreatmentfoundation-ck.com

In recognition of the expressive and therapeutic power of creativity, the Children's Treatment Centre Foundation of Chatham-Kent unveils an exciting new campaign in support of...

ADAPTED ARTS

"Every child is an artist. The problem is how to remain an artist once we grow up."

-- Pablo Picasso

Children are naturally curious, intuitive and imaginative. Creative arts programming provides opportunities for children to grow and develop through creative stimulation ... thinking, feeling and doing.

For children with developmental challenges, our adapted arts programs and the experiences they deliver serve as a direct extension of the more traditional therapies offered at the Children's Treatment Centre of Chatham-Kent (CTC-CK). A physiotherapist, for example, can use dance as a means to strengthen a little girl's leg muscles. An occupational therapist can work on a young boy's motor skills development while he creates pottery or paints with acrylic or takes a photograph. A speech therapist can help a child take on the role of a character in a short play through the use of a speech-generating device.

Over the past two years, the development of creative arts programming at the CTC-CK has seen the addition of camps in fine arts, dance, creative movement, photography and jewelry-making. Potential future programs could include drama, black-light theatre and movie-making, as well as offering adapted music lessons at a nominal fee to participants.

MUSIC THERAPY

"Music expresses that which cannot be said and on which it is impossible to be silent."

-- Victor Hugo

Music therapy formally began at the CTC-CK in a pilot project 15 years ago that, upon seeing the powerful response to music that children with developmental challenges display, led to the hiring of a music therapist to work one day, and later two days, a week. Music therapy involves using a variety of techniques including music making, singing, listening, relaxation and improvisation to help facilitate and complement goal areas such as expressive and receptive language skills, gross and fine motor skills, and social skills development.

Children are referred to the music therapist by the attending therapist or paediatrician, are assessed, and then seen either one-on-one or in small groups. Progress is monitored and goals are adjusted as development occurs. The music therapist works with a multidisciplinary team, consulting with therapists, providing suggestions for home/school activity, facilitating goal-based groups for babies, toddlers and pre-school age children in the CTC-CK and in the community, and delivering music therapy experiences in summer camps.

YOUR HELP IS NEEDED...

Neither our adapted arts nor music therapy programs are supported by government funding. The CTC-CK requires and relies on additional funding to sustain and further develop these valuable initiatives. Please help us keep the paint flowing and music going. Please help us ensure that children with developmental challenges continue to experience the freedom, joy and therapeutic benefit that comes through creative expression.

